

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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WEEK 1	Assessment	EMF	Workout E	EMF	Workout F	EMF	EMF
		GTG: Intro	GTG: Setup	Range: String	GTG: Setup	Range: Chalk	Play Golf
		GTG: Setup		GTG: Setup			

WEEK 2	Workout E	EMF	Workout F	EMF	Workout G	EMF	Assessment
	GTG: Connection	Range: Roll Can	GTG: Connection	Range: Anti Yip	GTG: Connection	Range 1: Roll Can	
		GTG: Connection		GTG: Connection		Range 2: Anti Yip	

WEEK 3	Workout E	EMF	Workout F	EMF	Workout G	EMF	EMF
	GTG: Pillow Talk	Range: Right Hand	GTG: Pillow Talk	Range: Fringe	GTG: Pillow Talk	Range 1: Right Hand	Play Golf
		GTG: Pillow Talk		GTG: Pillow Talk		Range 2: Fringe	

WEEK 4	Workout E	EMF	Workout F	EMF	Workout G	EMF	EMF
	GTG: 3 Ball Aim	Range: Two Tee	GTG: 3 Ball Aim	Range: Head Down	GTG: 3 Ball Aim	Range 1: Two Tee	Play Golf
		GTG: 3 Ball Aim		GTG: 3 Ball Aim		Range 2: Head Down	

WEEK 5	Workout E	EMF	Workout F	EMF	Workout G	EMF	Assessment
	GTG: 3 Ball Aim	Range: Two Tee	GTG: Connection	Range: Fringe	GTG: 3 Ball Aim	Range 1: Roll Can	
		GTG: Setup		GTG: Pillow Talk		Range 2: Anti Yip	