

THE RED ZONE CHALLENGE

ASSESSMENT DATE: ___ / ___ / ___

ASSESSMENT CONDITIONS: WINDSPEED ___ WET/DRY (circle one)

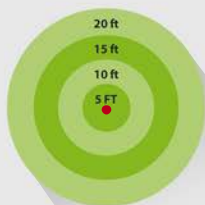
PRESSURE TEST ✓

Approach Shots 100 Yards & In

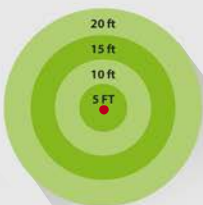
Directions:

- * Find a driving range or short game practice facility where you have targets of 50, 75, and 100 yards.
- * Pick one club from your bag that can reach ALL THREE targets.
- * You will hit ONE SHOT to each target in a round robin format. Start with the closest target, move to the middle target, and finally hit to the far target. Repeat for a total of 18 holes (6 shots per target).
- * Notate where your ball LANDED on the green images below. We are not calculating ROLL simply because this is not an accurate gauge due to the uncertainty of your practice conditions.

50 YARDS
(6 Balls)



75 YARDS
(6 Balls)



100 YARDS
(6 Balls)



After striking all 18 shots, calculate your score. Each shot will be scored using the following chart:

20 ft = 1 Point | 15 ft = 2 Points | 10 ft = 3 Points | 5 ft = 4 Points | MISSES = 0 point

RESULTS

DISTANCE FROM PIN SCORE

Shot 1: _____

Shot 2: _____

Shot 3: _____

Shot 4: _____

Shot 5: _____

Shot 6: _____

TOTAL

RESULTS

DISTANCE FROM PIN SCORE

Shot 1: _____

Shot 2: _____

Shot 3: _____

Shot 4: _____

Shot 5: _____

Shot 6: _____

TOTAL

RESULTS

DISTANCE FROM PIN SCORE

Shot 1: _____

Shot 2: _____

Shot 3: _____

Shot 4: _____

Shot 5: _____

Shot 6: _____

TOTAL

PROGRESS CHECK: 80% HIT GREEN

GOAL:

You should be consistently landing your ball on the green. We are not calculating roll for this particular assessment.

YOU'RE FALLING BEHIND IF:

You're not landing the ball ON the green at least 70% of the time from 100 yards and within at the end of 4 weeks.

Check your technique and review the video lessons inside of the members area if you are under 70%.