



DISTANCE ASSESSMENT

Progress Check: Measure Yardage for Every Club in Your Bag

Direction: At your practice facility, start with your lob wedge and work your way backwards until you are hitting your driver. Hit 6 practice balls with each (if possible, the balls you normally play, not range balls).

It's important to calibrate on a relatively windless day. I recommend using a rangefinder for this exercise. Mark each distance for each shot, then average by 6.

Clubs	1st Shot	2nd Shot	3rd Shot	4th Shot	5th Shot	6th Shot	AVG
LW							
SW							
GW							
PW							
9							
8							
7							
6							
5							
4							
3							
Hybrid 1							
Hybrid 2							
3 Wood							
Driver							

